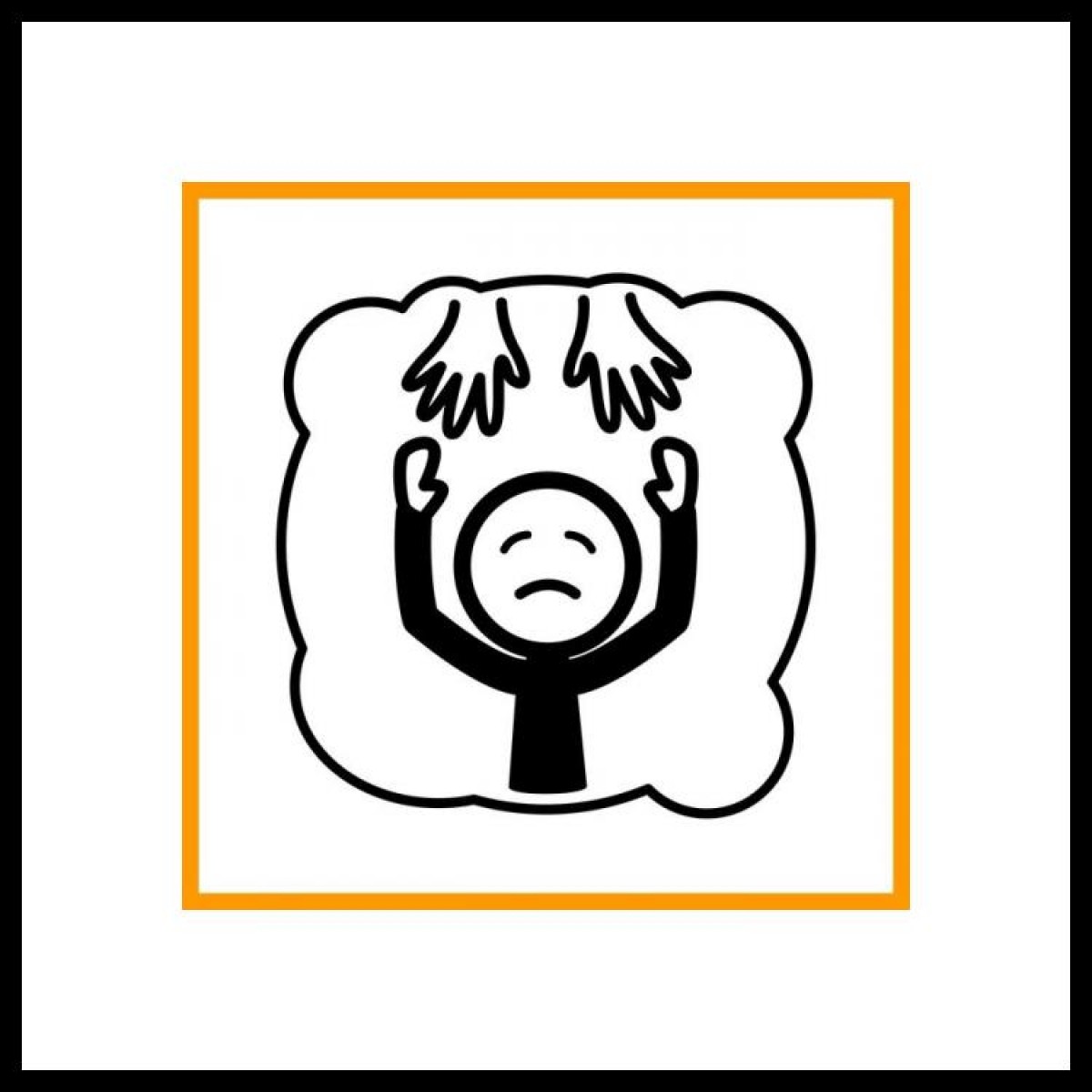
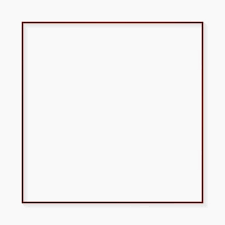
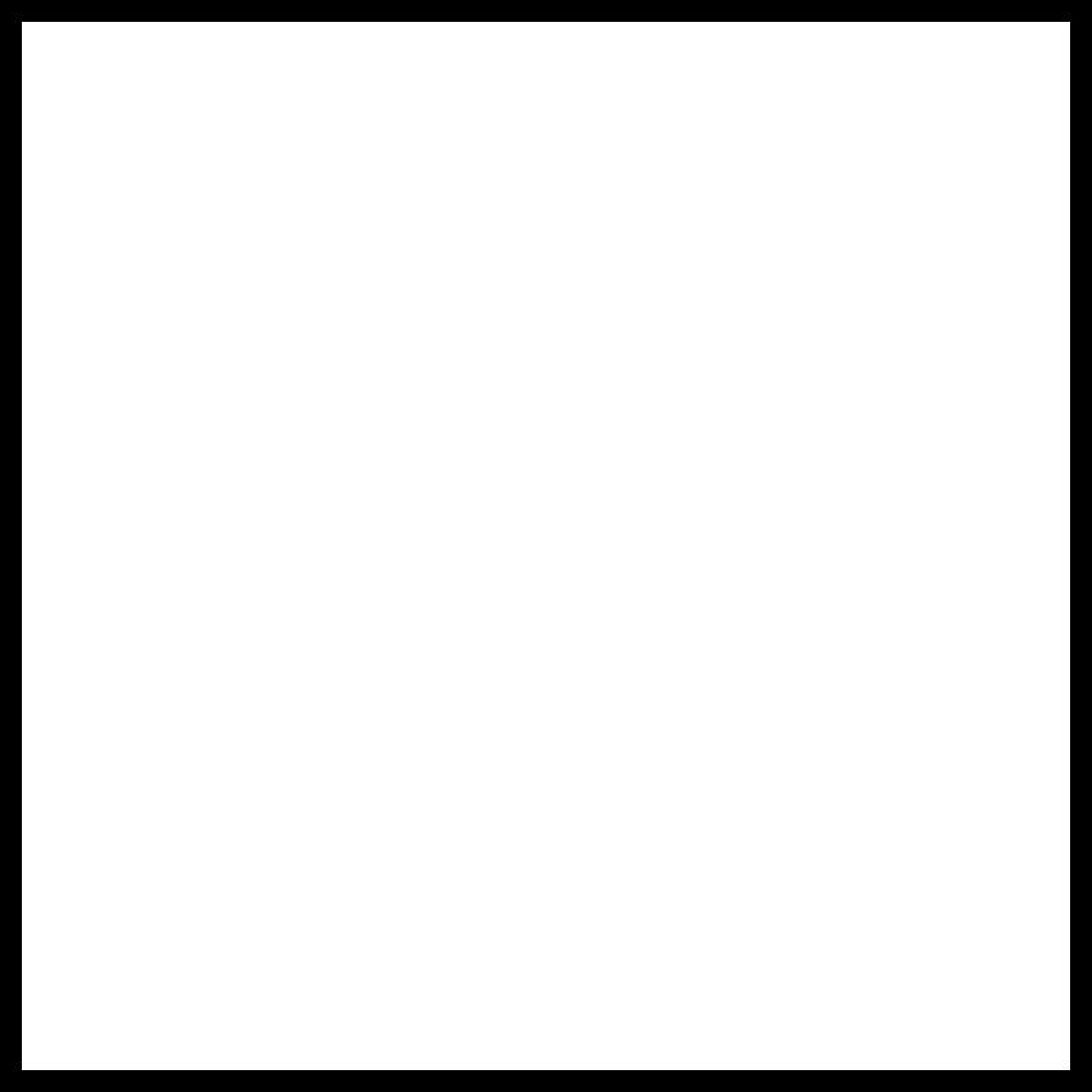
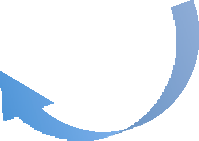
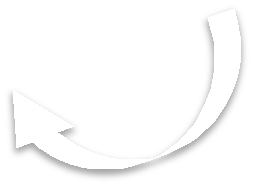
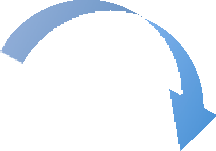
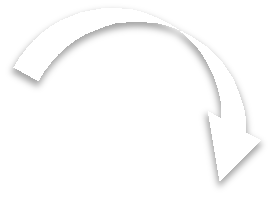
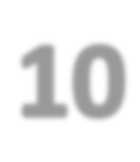
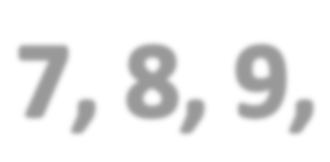
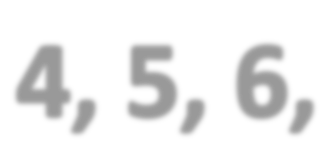
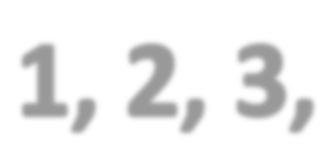
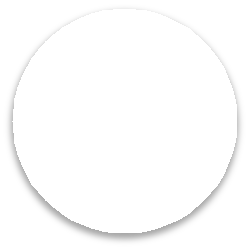
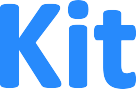
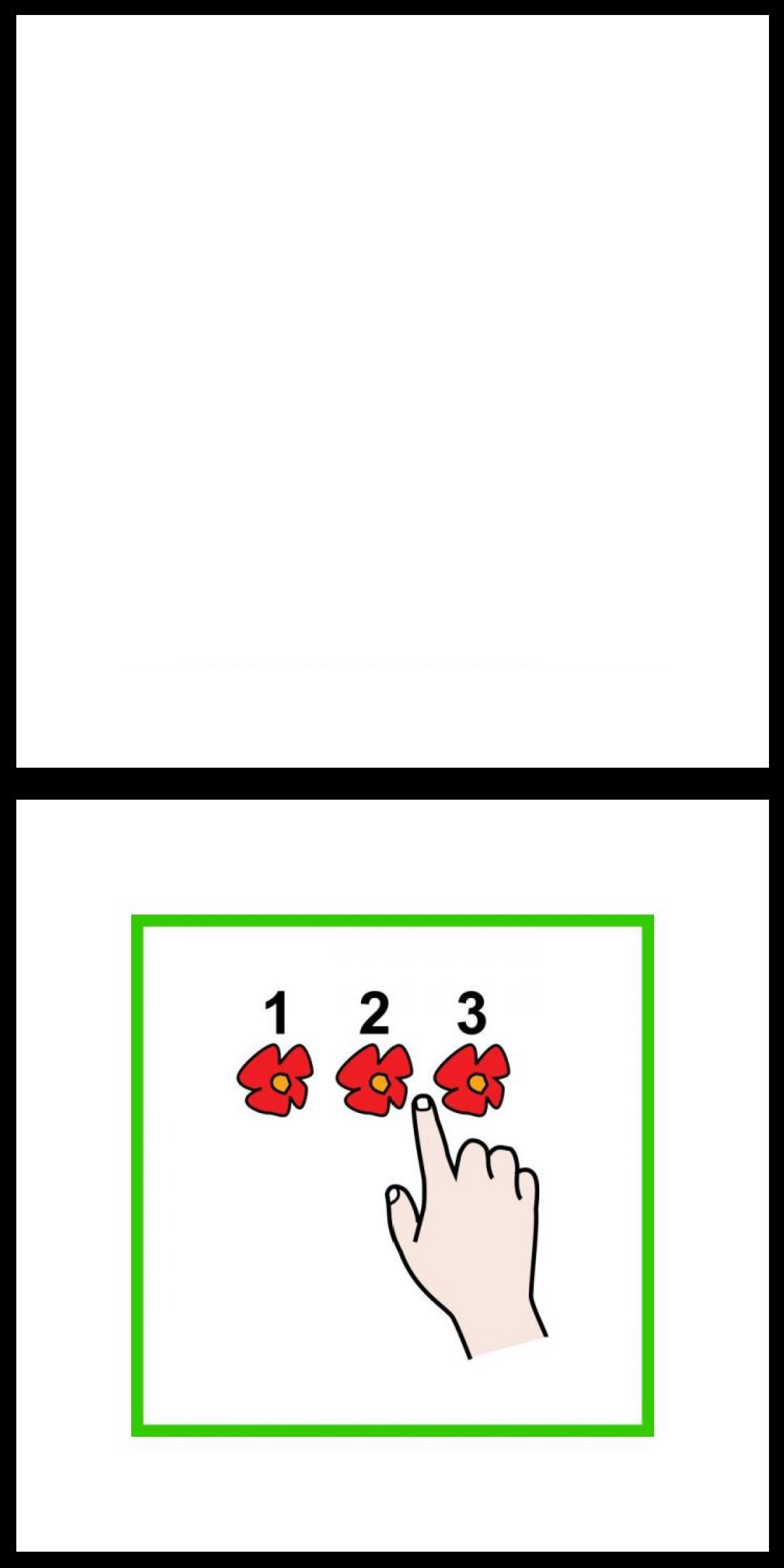
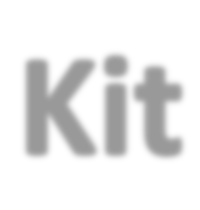
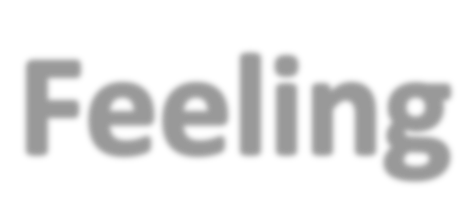
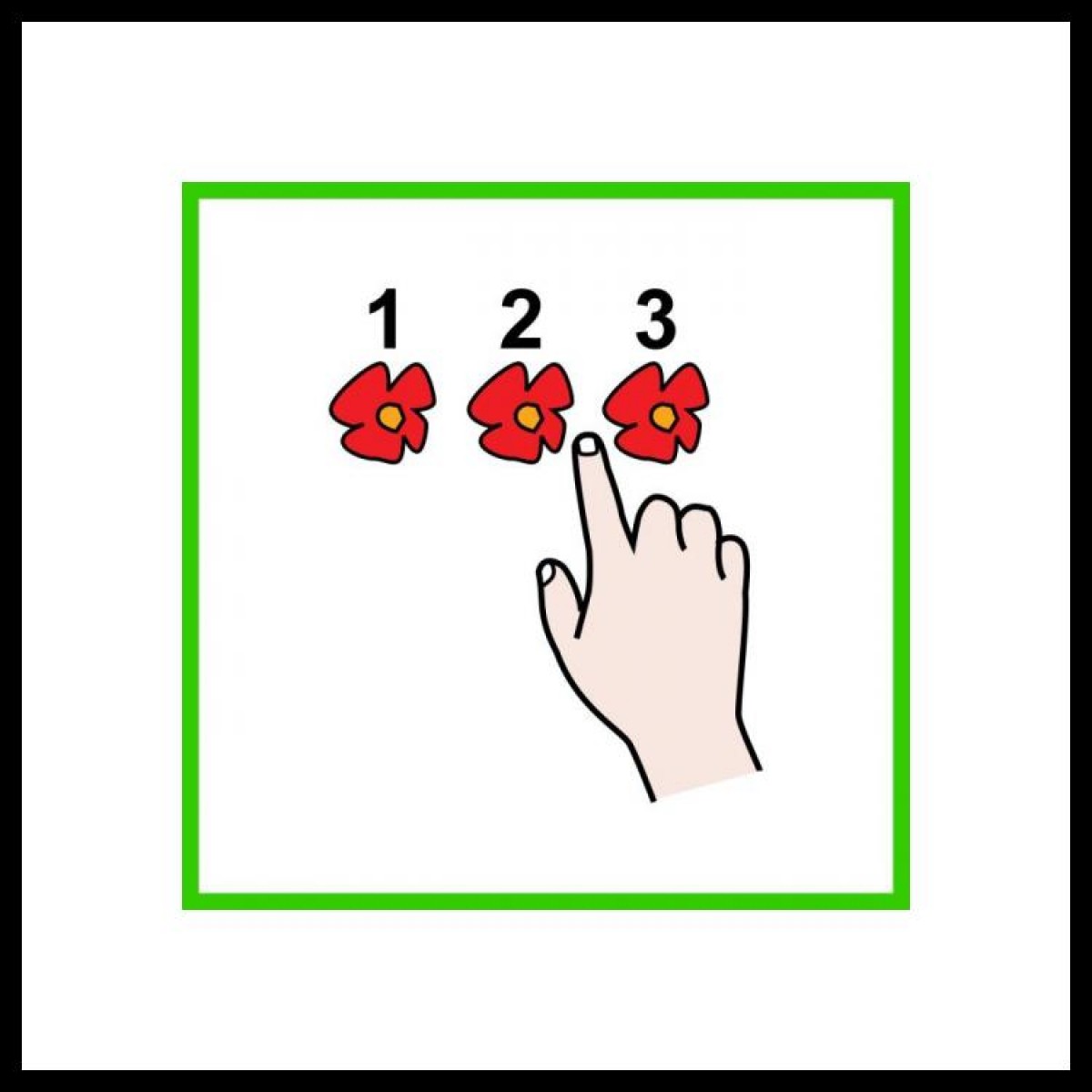
DO SOMETHING FUN

ASK FOR HELP

COUNT





MAKE a FUNNY FACE SENSORY BOTTLES

**THINK**

**DO**

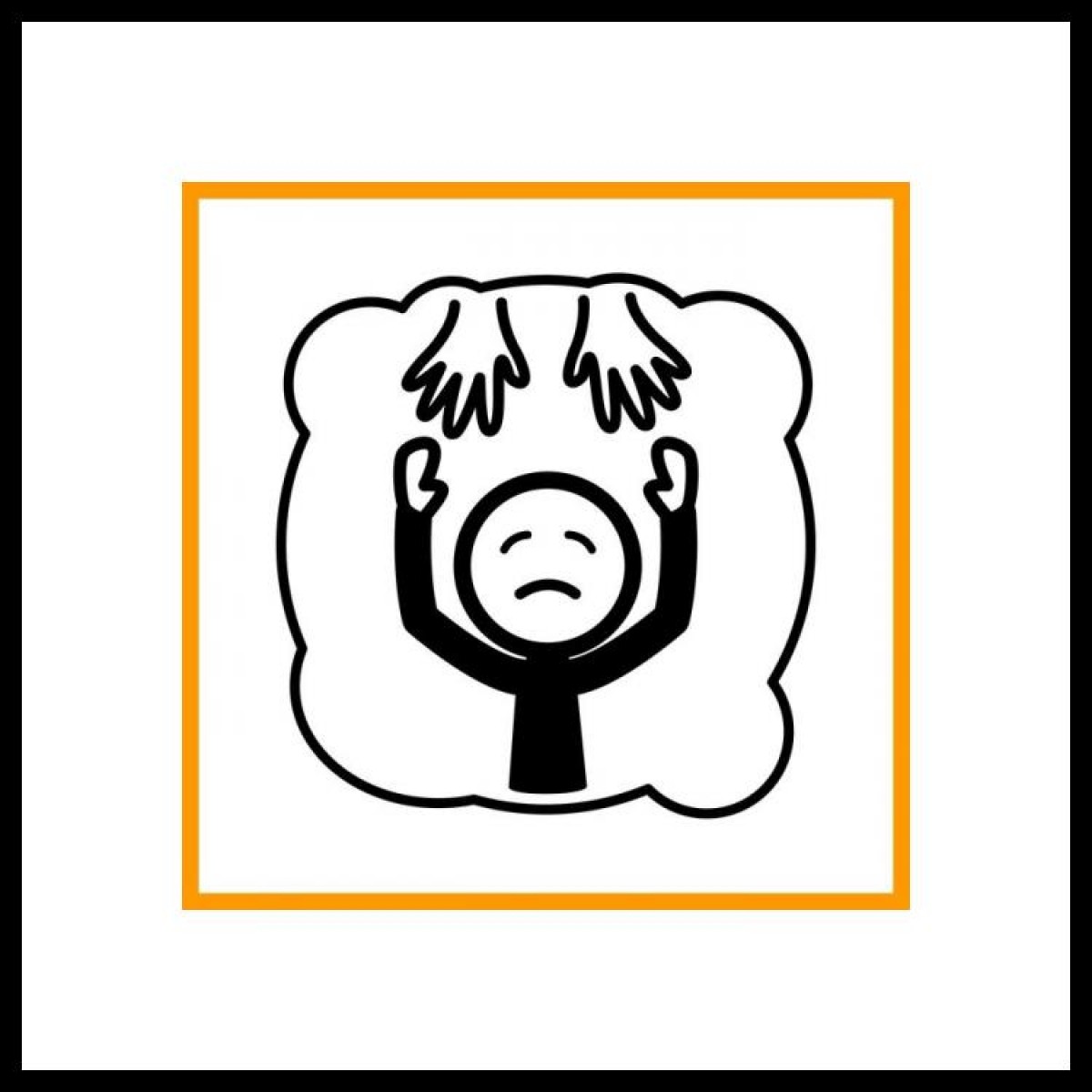
S T R E T C H

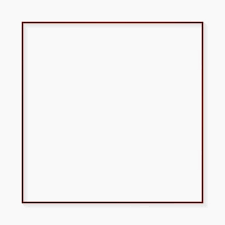
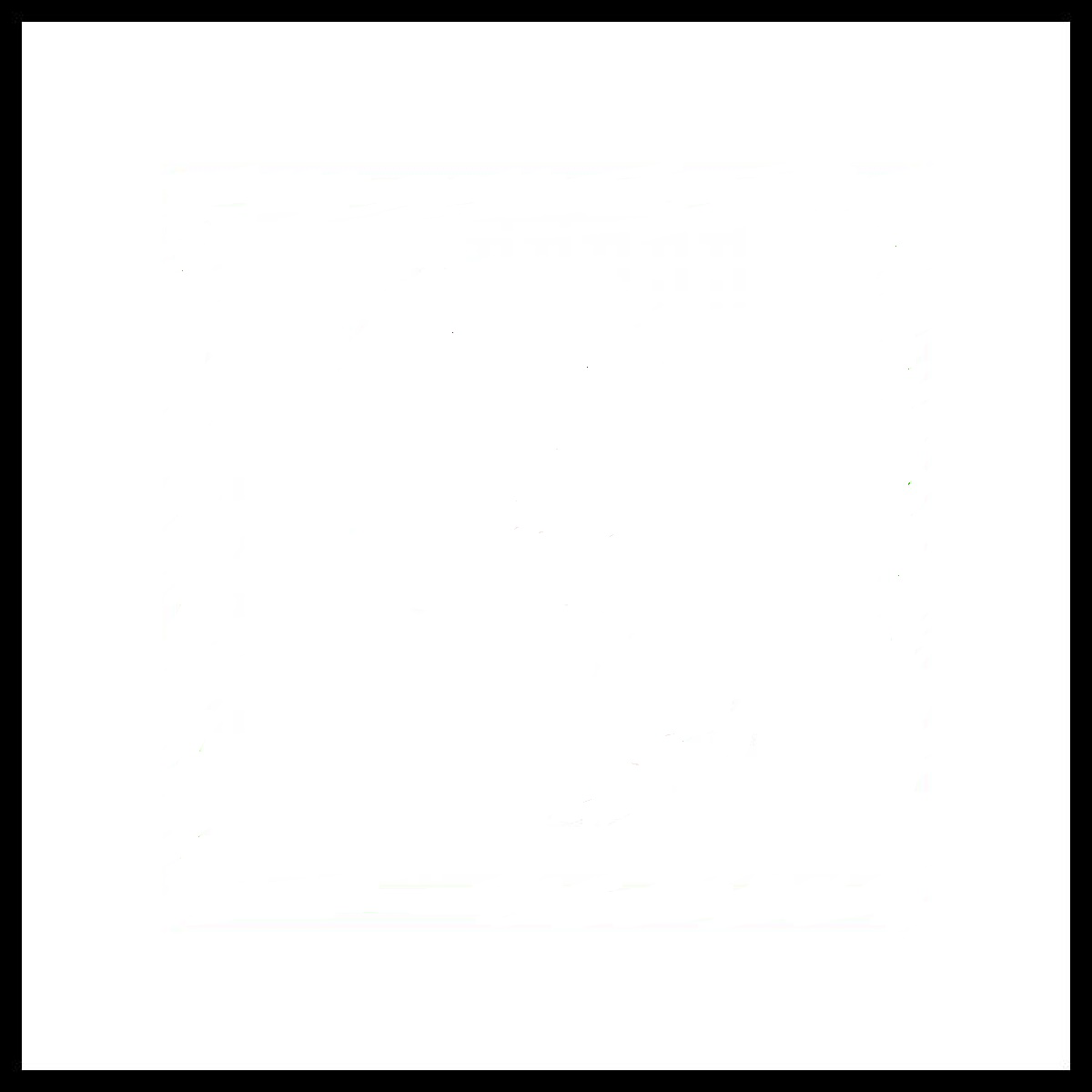
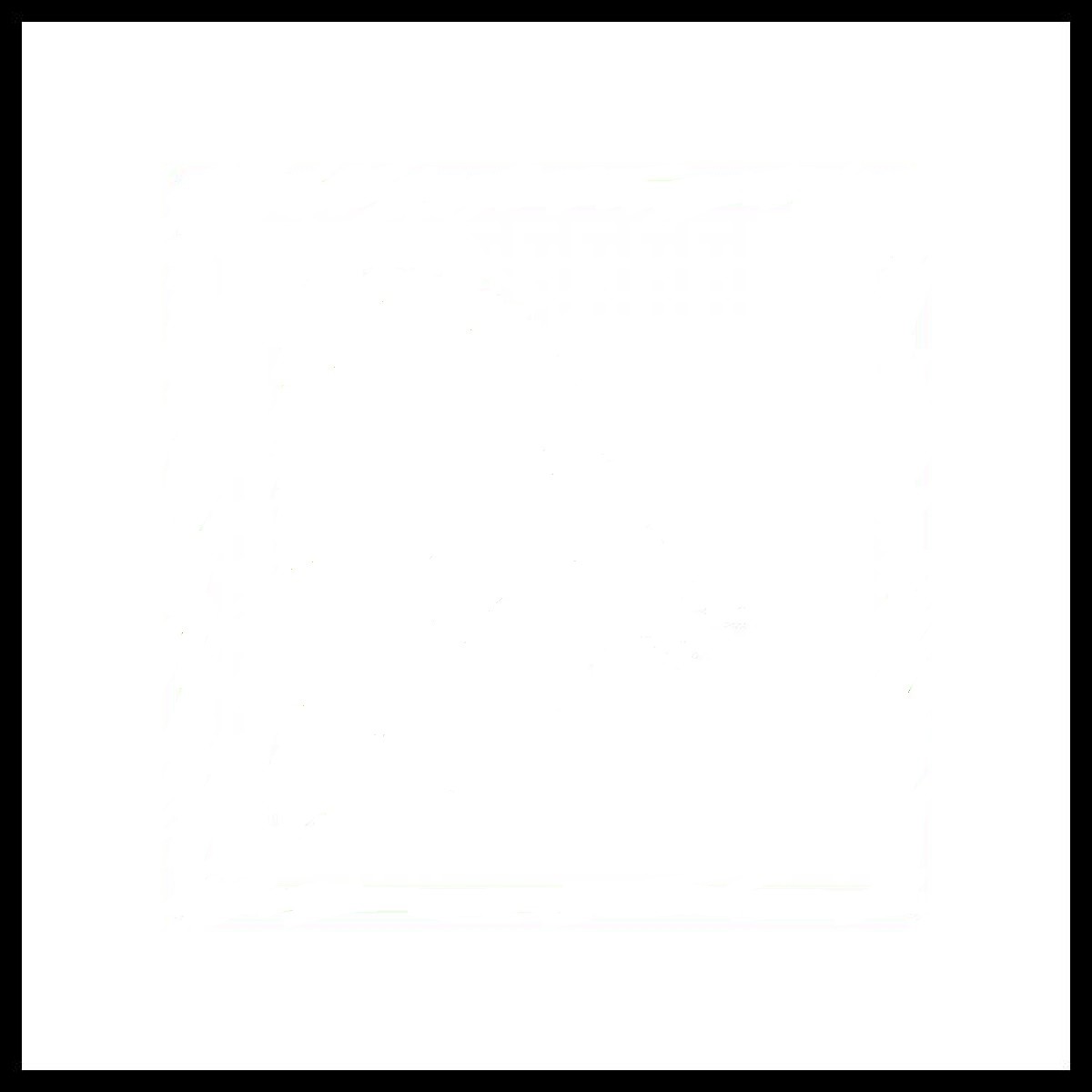
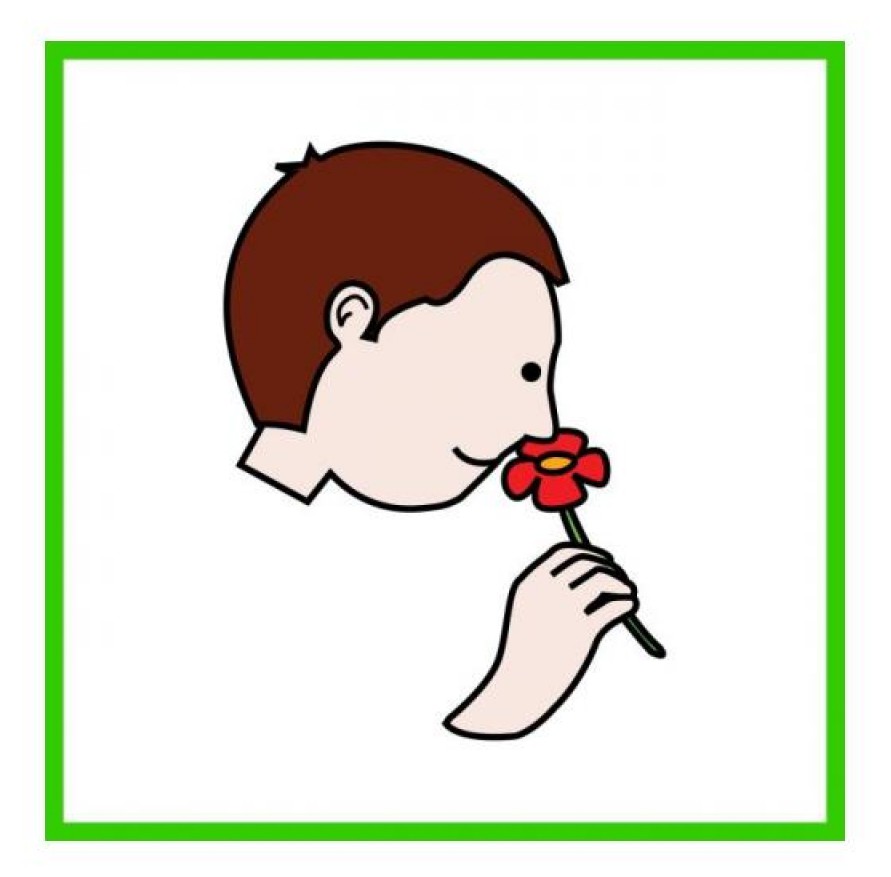
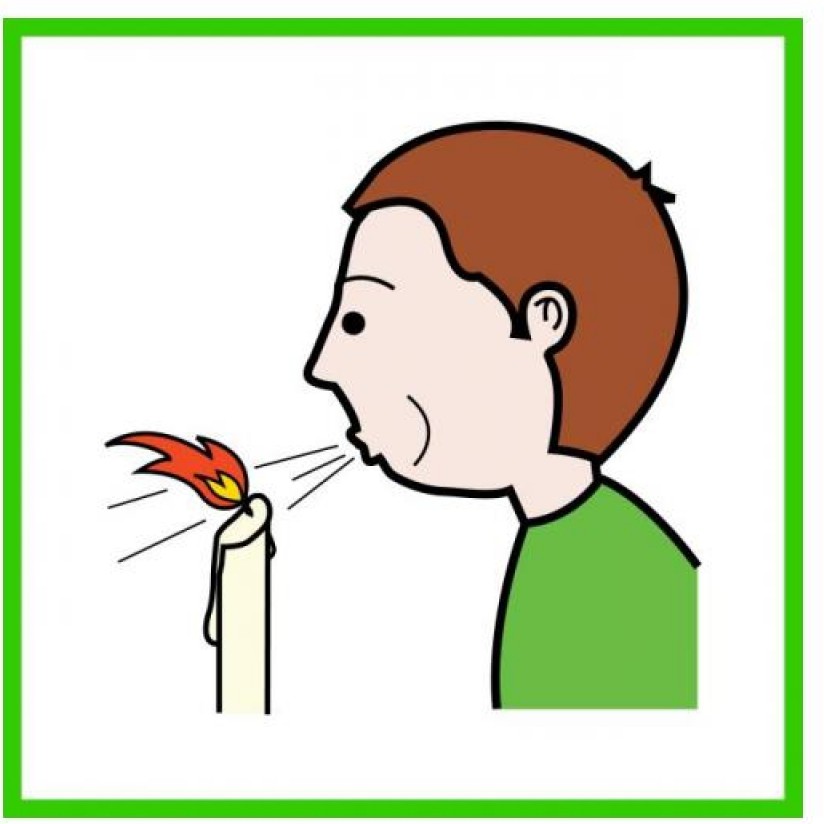
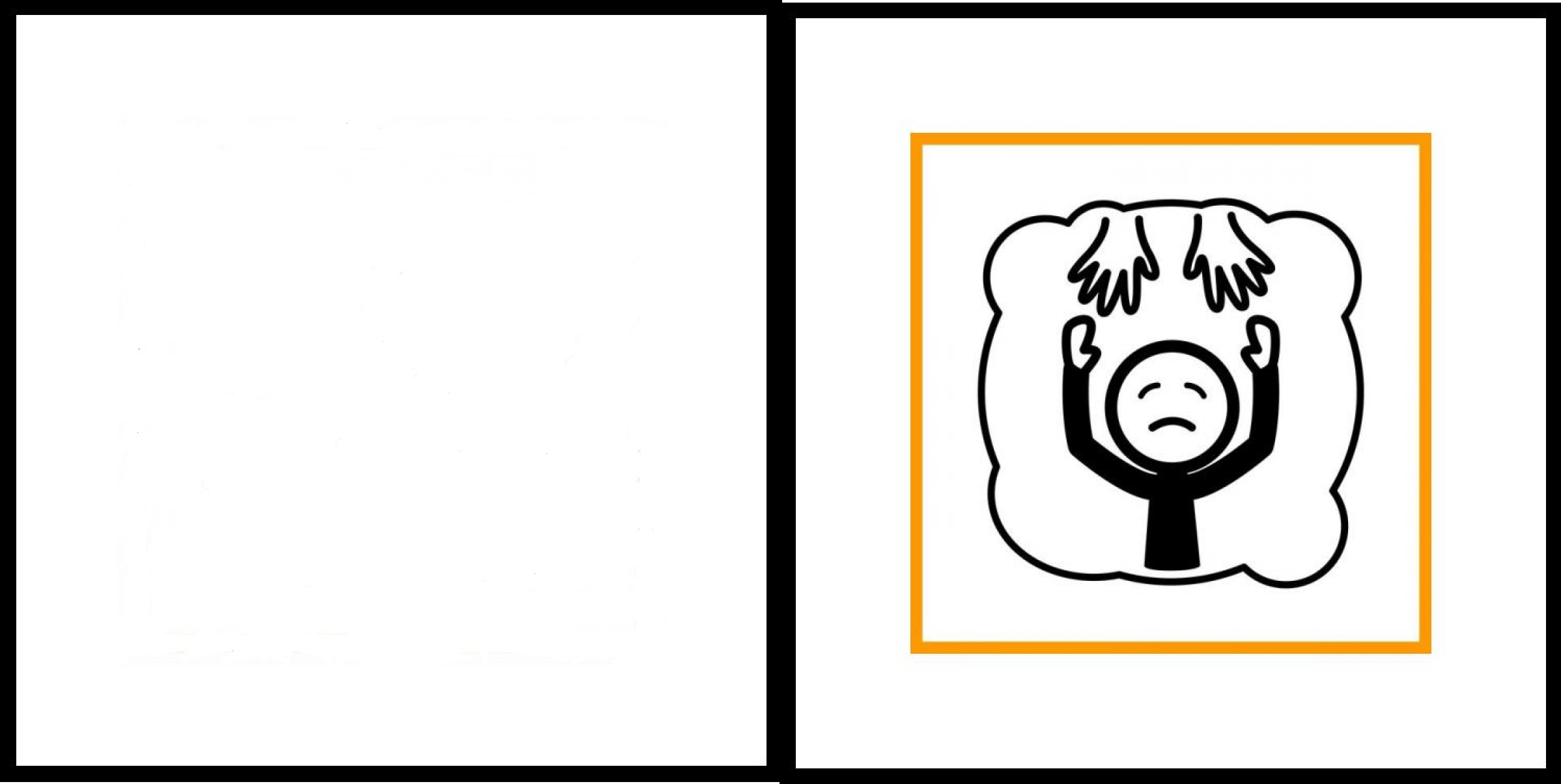
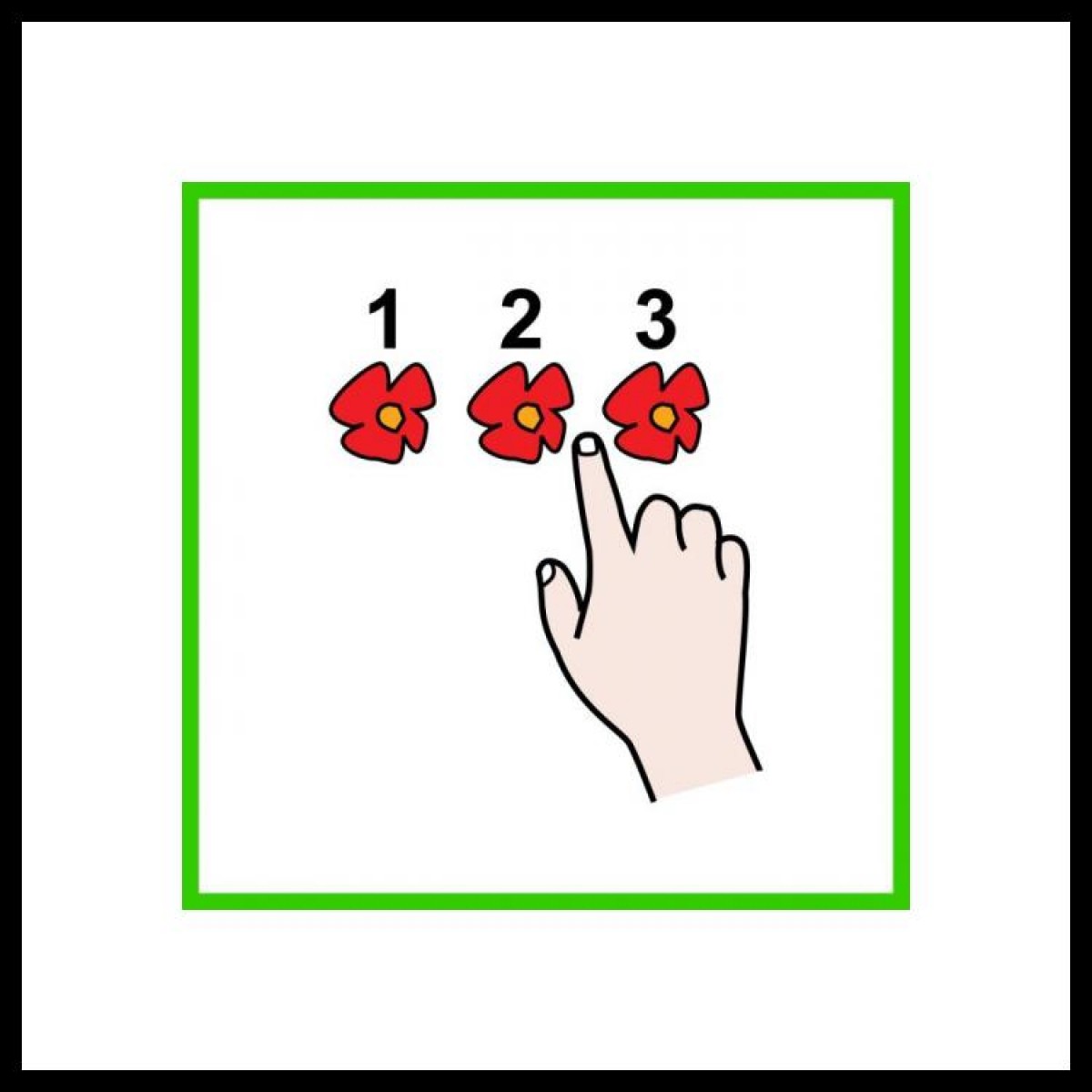
TRIANGLE BREATHING

LISTEN to MUSIC

or a STORY

BREATHE IN and OUT





PLAY with a FIDGET TOY

HOLD a SOFT TOY